

புரட்சி

More & Beyond

April 2022 | Volume 11 | Issue 3

123 நாடுகள்

503 உலக பள்ளிகள்

இந்தியாவில் 21 பள்ளிகளில்

CIS அங்கீகாரம் பெற்ற முதல் CBSE பள்ளி

என்ற பெருமையுடன்

தமிழனால் தமிழுக்கு பெருமை சேர்த்த

தலைசிறந்த வரலாற்று சாதனையின் வெளிப்பாடாக

கனியலாபர் அங்கு திறப்பு விழா



Queen Mira International

Student Anthem

அன்பே எங்கள் பாதை!

Anil Sathya

கார்க்க

த் 1.0

பகுத் 1.0

அன்பே எங்கள் பாதை
அன்பே எங்கள் பயணம்
அச்சம் இல்லா நேதும் நெகண்டபல்
அழகிய எங்கள் உலகம்

மறச்செழுகொழுகல் போலே
பூச்சுகள் பறவைகள் போலே
உலங்கினம் மீனும் போலே
புறந்தோம் பூமியின் மேலே

எல்லா உயரும் ஒன்றென்று
உலகைக் காப்போம் நாம் இன்று
கற்பனை எதும் நமதன்று
புருக்கொள்கிறதொன்றன்று

கற்போம் ஒன்றாய் கற்போமே
அச்சம் உட்கே கற்போமே
நீர்போம் ஒன்றாய் நீர்போமே
உச்சம் நெகண்ட நீர்போமே



School's Guiding Principles

SCHOOL'S PHILOSOPHY

We at QMIS believe in ensuring the well being of the body, mind and soul of the individual by instilling a steady growth mindset, who learn and unlearn to emerge as change - makers.

VISION

To educate the leaders of tomorrow who will change the way the world lives, learns and works

MISSION

The global vision of QMIS is realized through its mission.

Anywhere any time learning environment

Collaborative learning environment of students and teachers provide opportunities to develop personnel and professional attributes

Deliver value based education that produces responsible global citizens who act as a change factor in the society

CORE VALUES

QMIS builds the values through the environment, curricular and co-curricular programs and shapes the staff and students with the following core values:

1. **Accountability:** Be accountable for own actions, do the best, pursue excellence, resolve differences in constructive ways.
2. **Commitment:** A commitment to the acquisition of knowledge and the achievement of personal potential.
3. **Integrity:** A steady and faithful observance of a code of moral values. This includes honesty in word and deed and developing trustworthy individuals.
4. **Positivity:** Instilling a positive or optimistic attitude by building the confidence to handle challenges.
5. **Respect:** Respect self and treat others with consideration and understanding, respect another person's point of view, respecting the cultural differences, respect the property of others and treat others fairly and instil oneness in thoughts despite the differences

MOTTO

QMIS takes the learning of the children "More & Beyond" the classroom and books through various student enrichment programs

GUIDING STATEMENTS

GS1: Offer a blended – CBSE curriculum that is both local and global and has a strong emphasis on encouraging the development of Global Citizenship.

GS2: Create a safe and supportive environment where the physical and emotional integrity and safety of each member of the QMIS staff and student community is a matter of high priority.

GS3: Develop awareness of our interconnected world and realize our individual and collective responsibility to become a change factor and to live sustainably.

GS4: Facilitate opportunities that enhance ethical, social, intellectual and creative competencies both inside and outside the classroom.

GS5: Encourage a value – based education through inquiry, collaborative thinking, communication and research skills.

GS6: Cultivate multilingualism with an emphasis on French and Japanese language acquisition.

GS7: To ensure the social – emotional well being of staff and students and to empower self – management skills.

GS8: Ensure that students have ample opportunities to acquire and develop leadership experiences both within the school as well as through meaningful global collaboration.

GS9: Foster the use of innovative technology to enhance teaching and learning and to empower students to become content creators.

GS10: Embed the importance and value of Digital Citizenship and Intellectual property rights in the effective use of technology.

GS11: Support learning and program development through effective, purposeful and ongoing assessment practices.

GS12: Foster shared partnership between students, families and all stakeholders of the QMIS family.



GLOBAL CONNECT

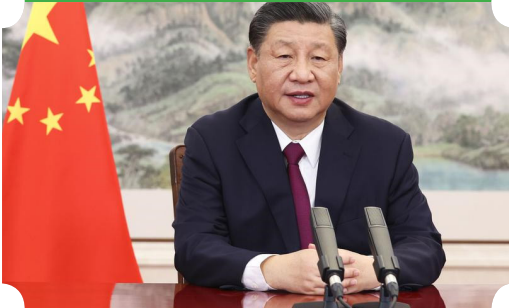
In Ukraine war, Red Cross defends neutrality against critics For more than 150 years, the Red Cross has remained neutral in wars. Today, it still defends that stance against critics as Russia ravages Ukraine.



Sri Lanka's worker unions go on mass strike asking govt to quit.



Xi's "Global Security Initiative" looks to counter Quad



UN votes on May 11 on replacing Russia on Human Rights Council
The U.N. General Assembly will vote on May 11 on a country to replace Russia on the world organization's leading human rights body following its suspension over allegations of horrific rights violations by Russian soldiers in Ukraine.



NOSTRADAMUS TIMES

June

- School Reopens

July

- Investiture Ceremony
- Path Session
- Bakrid

August

- Independence Day
- PTC
- Vinayagar Sathurthi

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Joy Sheeba
Paulin Sharmila

Student Editorial Board

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PEACE - JUST PRACTICE IT.

Dear Readers,

“The life of inner peace, being harmonious and without stress, is the easiest type of existence.” - Norman Vincent Peale.

Peace remains a goal for introspective individuals around the world. The lifelong search for inner peace challenges us to learn more about ourselves while allowing us to evolve with the seasons.

Happy to meet you all with the last edition of Volume 11 carrying the much needed theme of Peace - Just Practice It.

Amidst all the challenges the world had been facing in the clutches of the pandemic, with the blessings of the Almighty, we were successful in resuming the normal schooling experience for our students.

I feel happy to thank my Editorial Board - Co editor, Sub Editors, Student Editors and all the column in charges who have been with us in the making of all the three editions of Yagna Vol 11.

My special gratitude to Ms.Meyammai - Our Guest Editor, Mr. Munies of Odd Dimension Advertising, our designing partner for continuous support.

Let's catch up with the new edition on Yagna Volume 12 that would be reaching you in the month of September, 2022.

Until then it's a formal signing off from the Yagna Editorial Team.

Wishing you happy holidays. Enjoy Reading.

Please feel free to share your valuable comments at yagna.editor@queenmira.com.

Rohini Nethaji
Editors in Chief

THE STUDENT EDITORS

Hello Readers,

A big Hi! This is your Prime Minister, Neevedharan of Grade 9.

A warm welcome to all my cheerful peer students and all the budding new students this beautiful QMIS garden! Wishing you all success and achievements in your academics as well in all extra-curricular activities. Have a great, bright and successful future in QMIS garden.

It is very evident that equality and democracy is the most important aspect of every citizen. The main reason for adopting such features is to attain peace. Maintaining peace is the key feature of all welfare of the country.

Yes! Peace is an explicit right to freedom. We all know the recent dispute between Russia and Ukraine, which resulted in the loss of many lives and destruction of the society.

"Be the change that you wish to see in the world" being the leaders of tomorrow, we have to bring in the change and be the change of the society.

My special wishes to all my lovable brothers and sisters who are about to appear for Board Examination. Be chill, positive and have faith. All the Best!!



Neevedharan
Gr 9

Hello Readers!

Regards to you all. Feeling energized and delighted to meet you all in another wonderful edition of Yagna. With the lockdown encyclopedia book's pages already worn-out, the new normal has now become the contemporary routine. At this point of time, the best topic that's apt for discussion is 'Peace'.

Rebirth is what is an apt synonym to it. 2021-An year of rejuvenation. Revivification of greenery, resurrection of the nature, awakening of our minds and renaissance of our souls. A period of purification and entering a more secure world. Walking in a path less treaded and thus creating a world of dreams. Let's reawake, revive, learn, unlearn and relearn a new us!



Krithika. M
Grade 12

MESSAGE FROM DIRECTOR ACADEMICS



குறள் - 611

அருமை உடைத்தென்று அசாவாமை வேண்டும்
பெருமை முயற்சி தரும்.

Dear Parents,

Happy to bid adieu to the most challenging academic year. After the long period of online learning for nearly 1 year and 6 months, children struggled a lot to settle initially. But with the utmost and sincere efforts of the team and the parents, children resumed to their normal learning from new normal.

The bygone lock down period has impacted not just the world economics but our entire future. It takes a huge leap to cover the gap. The learning gap can be addressed by the school with the systemic approach that's been universally accepted upon. At QMIS we have our Personalized learning program for Primary graders (PLPP) to

strengthen their basics. But the emotional gap - that requires the community approach. It's been vested with the parents, teachers, school, friends, family and the neighbourhood. Every adult should empathize their challenges and should do their role to build the robust future generation.

Let us walk hand in hand in understanding the emotional trauma that every child undergoes and support them to get out of its clutches. QMIS has also taken measures to extend the emotional support too. The full-time counsellor and the special educator are completely given as a support care system. Sessions to build the emotional well-being of children, activities to comfort them emotionally are planned thoroughly and executed. BFIT the fitness program that aims at building the body, soul and mind is in full-fledged implementation.

The new academic session has also just now begun. Lots of new learning and moments to create beautiful memories are also about to unfold. Children will certainly have difficulties in catching up the missed period of learning (especially with respect to Upper Kindergarten and Primary), all that we have to do is to hold their hand and carry them through the tough phase, without judging and with utmost patience.

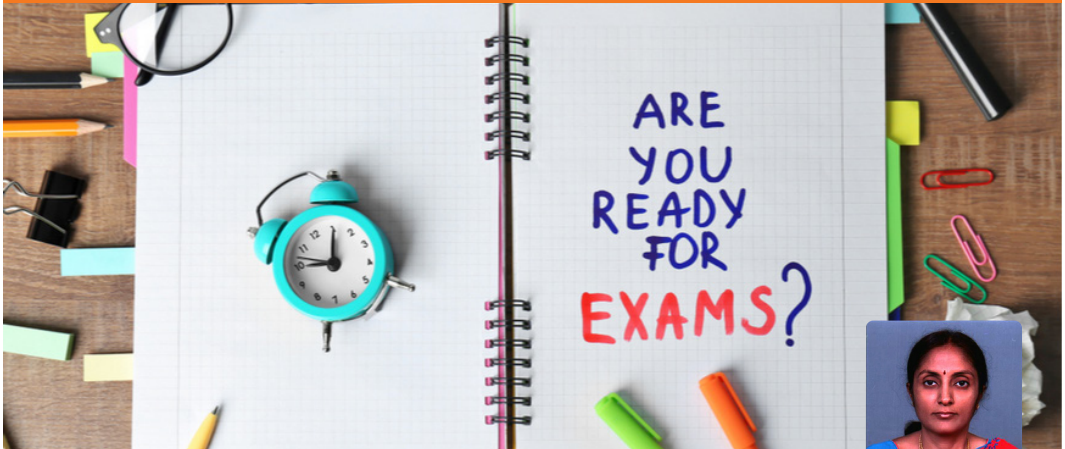
Let us be happy that the world is awoken and is ready to witness the new sunrise. All that we need is new spectacles to see our children.

Regards,

Sujatha Guptan

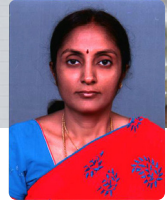


COUNSELLOR'S INSTINCT



BOARD EXAMS ARE JUST AROUND THE BEND AND STUDENTS ARE BUSY PREPARING TO GIVE THEIR BEST SHOT FOR THIS EXAM SHOWDOWN. THE PERIOD BEFORE THE EXAM IS FILLED WITH TENSION AND ANXIETY FOR STUDENTS AND PARENTS. LET US LOOK AT SOME OF THE ESSENTIALS TIPS FOR STUDENTS TO EASE THEIR PRESSURE AND FEEL GOOD.

Dr. Dharani S
School Counselor



Why do students experience exam stress?

- Students worry they might fail.
- They don't have enough time to prepare their studies.
- Students create a benchmark to get certain results.
- They need to compete with others.
- They may find pressure from family to get good marks.

What is the biology of getting blank during the examination?

When students are overwhelmed with exam anxiety what happens is the emotional part of the brain fogs the rational part of the brain and seizes to go blank. So what can be done is

- Pause
- Accept
- Bring awareness around
- Have a positive self-talk
- Go for known questions to answer

What are the ways to boost your brain power and increase memory?

- Exercise not only improves fitness but also improves memory and learning skills to absorb more information.
- Cluttered desk is the sign of cluttered mind. It impairs the ability to focus which leads to stress. So de-clutter your study space.
- Eat a well-balanced diet: Lots of colorful fruits and vegetables. Avoid junk food.
- Adequate sleep is very much needed to remember tricky formula which students find difficult to memorize.
- Breaking the daily routine energizes the brain to improve efficiency and productivity when studying.

How to bring peace of mind in the students?

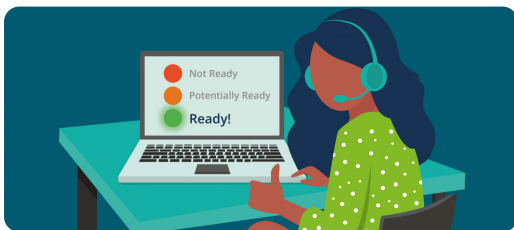
- Allow time to rest.
- Try positive self-talk
- Listen to music
- Be in the present
- Try out breathing exercise.

Believe in Yourself!

You are Champions!

You can and you will succeed.

Parents play an important role in our ward's board exam. To be honest, it is natural to have



certain expectations. Pressure increases when they start fearing that their children might not rise up to their expectations, which is when they assume they don't put much pressure on them. Parents have the right to worry but they need to have the right attitude to bring positive effect on the kid.

Parental attitude at the time of board examination

- Parents need to make conscious effort to maintain a peaceful environment.
- Do not reprimand your child for trivial issues.
- Be realistic. Child will be able to perform according to her/his abilities. Parents should trust their abilities and help bring out the best in them.
- One of the most important aspects is to reinforce that exams are not the be all and end all of life. So make the child stress free.

How parents can help students during Board Exams?

- Keep the diet simple and nourishing.
- Encourage your child to talk about their feelings about the day.
- Limit the digital gadgets of the child.
- Stay away from get-together and party.
- Do not discuss family issues in front of children.
- Keep your phone conversation short.
- Avoid watching TV during child study time.
- Keep the volume low if you listen to music.
- Create a suitable study environment with proper light and ventilation.
- Don't discuss the exam paper.
- Support them whenever required.

As a parent, work towards making you and your child a winning team.

Teacher Incharge: **Ms. Fatima**
Student Incharge: **Divyashri R**

MESSAGE FROM SCHOOL PARLIAMENT'S DESK

Hello Readers!

Really excited to commune with you all with the latest edition of the Yagna Newsletter. I welcome all students both new and old to the 2022-2023 academic year of QMIS

Peace cannot be kept by force, it can only be achieved by understanding.

In this edition of the Yagna I wished to convey an important message to all the readers. We are all aware of the global conflict happening between Russia and Ukraine right now. Though I do not intend to influence anybody's opinion on this conflict what I do wish to do is try to spread the message of peace. But when we talk and learn about Sustainable Development Goals in our school being a part of the Student Council I feel it is my responsibility to uphold the same.

The Sustainable Development Goal of Peace, Justice and Strong Institutions aims to promote peaceful and inclusive societies for sustainable development. I feel that it is our moral responsibility to ensure peace in the future when we run the world. But to do so we must begin cultivating the value of Teamwork and Unity within ourselves when we were students. So I implore everyone to be the best selves they can be, especially in times of insecurity.

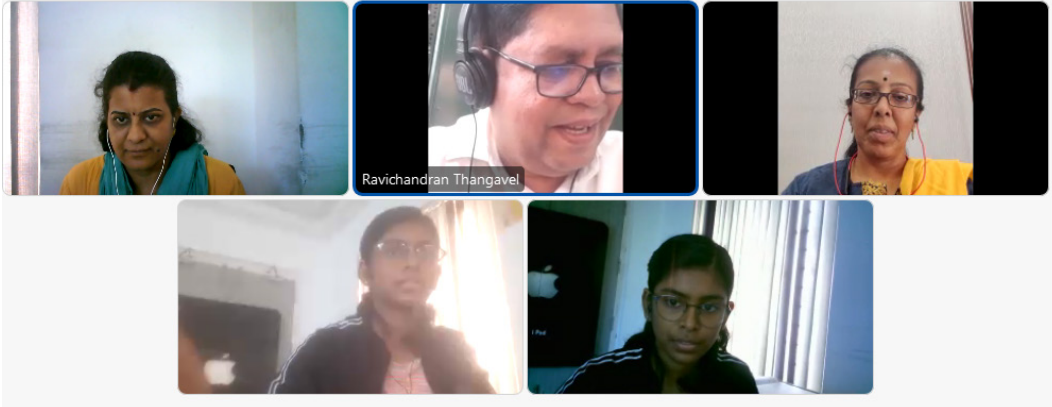
I also would like to extend my best wishes to all the students of Grades X and XII who will be writing their board exams from 27 th April 2022 (Wednesday). Put your best effort in your preparations and you will surely succeed.

Don't Stress ,Do your Best and Forget the Rest.



Harish JH, Grade 11
Vice President - QMIS School Parliament.

CONNOISSEUR'S EXHORTATION



V. Jeyamadhuri of class XII interviewed Dr. T. Ravichandran who is a former director of Gandhi Memorial Museum, who actually belongs to the department of Gandhian thought and peace science. Dr. Ravichandran is a director of Museum of constructive of Mahatma Gandhi Gandhigram rural institute deemed to the university. This interview was absolutely an eye opener for everyone to know more about our father of the nation Mahatma Gandhiji and his valuable thoughts. Several questions were put forth by V. Jeyamadhuri to Mr. Ravichandran. He answered every question vividly.

V. Jeyamadhuri: While I read your bio data I found that you were much into Gandhian Thought and Peace. What attracted you to learn more about Gandhian thought and peace?

Dr. T. Ravichandran: The movie that I watched in my childhood inspired me a lot. And eventually I started to read and learn more about Mahatma Gandhiji. I was moved by his thoughts and his unique way of protest. Mahatma Gandhi influenced so many young minds across the world with his thoughts. He proved to the world that freedom can be achieved through the path of non violence. His principles even promoted today to to avoid violence and find peaceful solutions to the conflicts. Mahatma Gandhiji is known for his most powerful weapon which is non-violence.

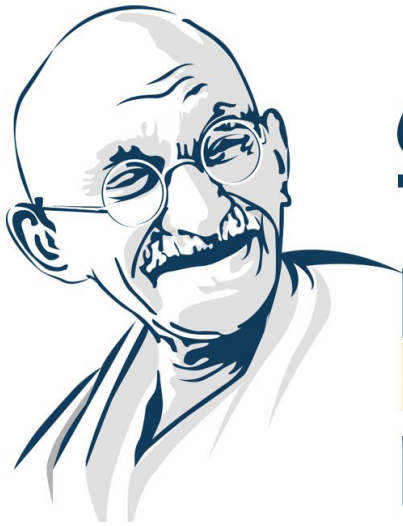
(Added to this he shared so many good deeds about Mahatma Gandhiji and he shared how he influenced the young minds across the world.)

V. Jeyamadhuri: One of the idea that Gandhiji believed was non violence. Do you believe non violence is a great weapon which can be used in a struggle to attain something?

Dr. T. Ravichandran: If we go back to those days, it is evident that so many wars resulted in the death of million people. World war I and II are prime examples for that. People killed one another. People lost their loved ones. Millions of people wounded. But if we take and study India's freedom struggle we could understand that we haven't encountered with such crucial situations. If we compare the history of India's freedom struggle with any other war, we haven't met with such poor results. Its all because of Mahatma Gandhi and his powerful weapon, non violence. If we study the report of any other war people have lost atleast one person from each family but that is not the case of India's freedom struggle. Gandhiji took tireless effort to implement the Satyagrahas. In the era of Gandhiji people were never killed or injured. Only freedom fighters sacrificed their lives.

(Added to this he has cited so many examples from the various parts of the world and he talked about the glory of non violence.)

V. Jeyamadhuri: You have met famous



“
**There is no
path to peace.
Peace is the
path.**

personalities in your life such as Mother Teresa and Dr. A.P.J. Abdul Kalam, can you share some valuable things shared by them?

Dr. T. Ravichandran: I met Mother Teresa during my flight journey towards Delhi. I met her in her last days. She blessed me with her hands. And when I look deep into her eyes I felt a kind of a divinity. That ten minutes is the most precious time in my life.

I met Dr. A.P. J. Abdul Kalam, during my flight journey. I just seated next to him. We had a long conversation which actually helped me to understand his visions clearly. He actually had much confidence on youths. He wanted that the youngsters should realize their potential and act accordingly for the welfare of the nation. I actually moved by his words.

V. Jeyamadhuri: *Physical activities and Yoga heals and relaxes one's body and soul but people of today's generation require treadmills for walking. Can you tell the importance of physical exercise?*

Dr. T. Ravichandran: Yoga is inexpensive. Yoga heals the mind, soul and body of the people. People should realize the value and power of the yoga.

(Added to this he spoke a lot about the significance of the yoga)

V. Jeyamadhuri: *You have travelled to different countries and places you would have come across people of different ethnicity etc... what is the thing that inspired you the most when you travelled to those places?*

Dr. T. Ravichandran: I travelled to so many countries but India is always unique. India is known for its diversity. Here in India we are following a different culture for each states. India's food habits is always unique. If we compare the food diet of India and European diet, I would say that India's diet is always unique.

I would like to share the conversation that I had with the person who belongs to Poland. When I asked about Gandhiji to him, he actually recognized Gandhiji and talked about his unique methodologies. Since Gandhiji is globally well known but some people India are failed to recognize him. We have to educate people about Gandhiji and we should inculcate the values that is preached by him.

The interview helped us to learn a lot about Gandhiji and his values. Since we are in a situation to uphold the Gandhian values.

Teacher Incharge:
Ms.Praveena Rajan
Student Incharge:
Jayamadhuri

AMAZING FACTS

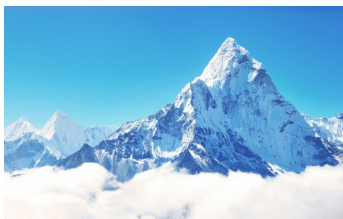
1. Glaciers and ice sheets hold about 69 percent of the world's freshwater.



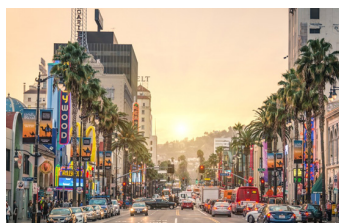
2. Whale songs can be used to map out the ocean floor.



3. Mount Everest is bigger now than the last time it was measured. Mount Everest may not have physically grown, having reached maturity a long time ago, however, the most recent measurement performed by surveyors representing China and Nepal has the mountain peak standing taller than we'd thought in the past. Previous readings have ranged from 29,002 feet above sea level in 1856 down to 20,029 in 1955, according to NPR. But after the long process of measuring the mountain with GPS devices, experts have now stated that Mount Everest stands at a whopping 29,031.69 feet, due to plate tectonics.



4. The entire world's population could fit inside Los Angeles. The world's total population is more than 7.5 billion. And obviously, that number sounds huge. However, it might feel a little more manageable once you learn that if every single one of those people stood shoulder-to-shoulder, they could all fit within the 500 square miles of Los Angeles, according to National Geographic.



5. The coldest temperature ever recorded was -144 degrees Fahrenheit.

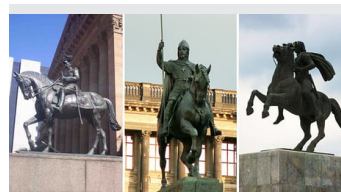


6. $111,111,111 \times 111,111,111 = 12,345,678,987,654,321$

$$\begin{array}{r}
 1 \times 1 = 1 \\
 11 \times 11 = 121 \\
 111 \times 111 = 12321 \\
 1111 \times 1111 = 1234321 \\
 11111 \times 11111 = 123454321 \\
 111111 \times 111111 = 12345654321 \\
 1111111 \times 1111111 = 1234567654321 \\
 11111111 \times 11111111 = 123456787654321 \\
 111111111 \times 111111111 = 12345678987654321
 \end{array}$$

7. If a statue of a person in the park on a horse has both front legs in the air, the person died in battle. If the

horse has one front leg in the air, the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.



8. There's enough gold inside Earth to coat the planet - 99 percent of the precious metal can be found in the Earth's core, Discover Magazine reports. How much is there? Enough to coat the entire surface of the Earth in 1.5 feet of gold.



9. Peanuts aren't technically nuts. They're legumes. According to Merriam-Webster, a nut is only a nut if it's "a hard-shelled dry fruit or seed with a separable rind or shell and interior kernel." That means walnuts, almonds, cashews, and pistachios aren't nuts either. They're seeds.



Teacher Incharge: **Ms.Selvi Balasubramanian**
Student Incharge: **Riya Jasmine**

CHILD HEALTH AND SAFETY COMMITTEE

Health and Safety committee of QMIS organized for a session on the topic Adolescent health for Graders 6 to 12 on 23.04.2022.

Investment in adolescent health is also essential to achieve the 17 SDGs and their 169 targets, each of which relates to adolescent development, health or well-being directly or indirectly. India has the largest adolescent population in the World. The health status of an adolescent determines the health status in his/her adulthood. Many serious diseases in adulthood have their roots in adolescence.

The main health issues faced by the adolescents include: Mental health problems, other infectious diseases, violence, injuries, malnutrition and substance abuse. To achieve wholesome adolescent health, we need to have a multidimensional approach covering all the adolescent health problems with special emphasis on mental health, behaviour change communication towards healthy lifestyle and positive social environment to acquire life skills, says Ms Dharani, School Counselor, Queen Mira International School.

She also adds that Adolescence is one of life's fascinating and perhaps most complex stages, a time when young people take on

new responsibilities and experiment with independence. They search for identity, learn to apply values acquired in early childhood, and develop skills that will help them become caring and responsible adults.

A few minutes each day are enough to practice the self-help techniques.

Tips for Habits for good Mental Health

1. Drink plenty of water
2. Have adequate sleep
3. Exercise regularly
4. Have a balanced diet
5. Spend time with family members

Symptoms of Mental Retardation

1. Crying for no reason
2. Prefer solitude
3. Always stay with fear
4. Lack of on time eating and sleeping
5. Will not show involvement even in favorite things

Symptoms of adolescent mental illness such as depression

The solution to better mental health is

1. Adherence to good habits
2. Speak out from the mind



Teacher Incharge: **Dr. Sangeetha**
Student Incharge: **Ananya**

MISSION ACCOMPLISHED

SCIENCE CLUB

Experience never errs; it is only your judgments that err by promising themselves effects such as are not caused by your experiments. - Leonardo da Vinci



Buoyancy

Children of Grade 9 were involved in the science club on the activity based on buoyancy. This was delivered by correlating the Archimedes Principle. Children understood that buoyancy is an upward force exerted by a fluid on an immersed object in a gravity field. In fluids, pressure increases with depth. Hence, when they saw object is immersed in a fluid, the pressure exerted on its bottom surface is higher than the pressure exerted on its top surface. They also illustrated few real life examples of A boat or a ship floating in the water and the floating of cork in water are examples of buoyancy.

ERUDITE CLUB

Developing a language skill creates a different and unique vision of time



TED Talk

The third to the fifth graders were shown the TED talk videos. The TED talk is a video created from a presentation at the main TED (technology, entertainment, design) conference or one of its many satellite events around the world. TED talks are limited to a maximum length of 18 minutes but may be on any topic. Through this children are given a platform to develop their communication skill, they also adhere to the norms of the speaking skills. They also follow the fluency and the gestures when they get opportunity to speak. They also submitted video on several interesting topics.

Group Discussion on Sustainable Development Goals

As a part of the Erudite Club activity children of Grade 6 were involved in the group discussion about the Sustainable Development Goals. Group Discussions helps us to train children for any discussion and argument about the topic given, it helps them to express their views on serious subjects and in formal situations. It improves your thinking, listening and speaking skills. As QMIS believes in creating the leaders of tomorrow the topic of the sustainable goals led the children to think globally and act locally. The critical thinking skill and the problem solving skills were also boosted and enhanced.

POPCORN CLUB

“The most honest form of filmmaking is to make a film for yourself” –Peter Jackson



This popcorn club is a fun and exciting club for the children, it helps the children to select, shoot and showcase short movies and videos related to the current scenario & also too many things like educational and emotional topics. In this scenario too children are not only enhanced in their theatre art skills but also in they are sound enough to perform well in the technological skills like editing a video, checking the sound proof and simulations etc. The children of Grade 7 were very much excited to participate in the short film making, they eagerly joined with their peer group and enrolled their names for short movie making.

Soon after that children also had discussed few topics related to educational and social concepts. The theatre is eagerly waiting to showcase our young directors, actors and cinematographer's short movie.

HERITAGE CLUB

We motivated our future generations to protect and conserve our vast cultural heritage. The students of grades



6th to 12th were involved in a Quiz. The Quiz was available on My Gov Platform which was a CBSE organized program. It was related to the concept-Heritage in India which raised the awareness about preserving human heritage, diversity and vulnerability of the India's built monuments and heritage sites. The theme of this year's quiz will be 'India's Freedom Struggle' to commemorate the 75 years of Indian Independence - 'AzadikaAmritMahotsav'. All the students who completed the course were provided with a certificate.

ADVENTURE CLUB

"Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than what we could learn from books" - John Lubbock



We at QMIS have resolved to take our students, the future pilots of the society, on a nature trail, on a periodical manner. This would enable them to date with various species and elements of nature, for them to understand

the wilderness better. As a part of the adventure club activity we took our children to the small trekking at the hill sides near Azhagar Temples. Madurai. They were all excited to take part in the session, the bus started from our campus with lots of enthusiasm, song, dance and all gala was happening to get a sigh of relief after a very long time.

When they hit the ground at spotted area, the students' brigade showed such a hush so as not to disturb the wilderness. Be it walking at the muddy single path, or a stroll in knee deep stream, they grasped the nature in its pristine form. They experienced what is the power of silence and how enticing it is to be in silence. After lots of sweat flowing out of the pores, after lots of under worked muscles stretched to its fullest, after their lungs expanded to its fullest capacity with the purest oxygen, the participants were replenished with raw energy, yet tired. Lunch and snacks were had like a community food program, where food was exchanged and did the brotherhood and friendship. This rendezvous with the nature was an instant hit amongst the



students and teachers and they thanked the Management of QMIS for organizing such a fantastic field trip for them.

STEAM

"The proper method for inquiring after the properties of things is to deduce them from experiments."

Grade 6 children were involved in the making of water purifier in the STEAM sessions. They were so enthralled to make their own water purifier and delighted to see the clean and purified water. Many brought in filter paper, charcoal and colourful pebbles, they also used plastic bottle and placed every object on its right place. Through this they learned team spirit and also related the topic to the Sustainable Development Goal 6 Clean water & sanitization. They also learned the theme and significance of Save Water.



Teacher Incharge: **Ms.Pandiselvi**
Student Incharge: **M.Gayathri**

QUASAR KIDS



FAMILY VISIT

“The strength of a family, like the strength of an army, lies in its loyalty to each other. -Mario puzo

In today's world when everything is losing its meaning, we need to realize the importance of family more than ever so; a virtual family visit was organized by QMIS for graders 1 & 2 on 04.02.2022 through online portal. We got an opportunity to emphasize on the importance of family. We, the Grade 1 and 2 mentors visited Shivani.M of (Grade 1B) house to educate our QMISIANS to understand about the value of nuclear family. We received a warm welcome from Shivani's parent. We started to interact with them about the strength of their family. Our kiddies understood their lifestyle that it does not matter what kind of family one belongs to. It is all equal as long as there are caring and acceptance. A family always supports and backs each other. Most importantly, the thing one learns from their family brings

them closer. We taught them that families teach us better communication. When we spend time with our families and love each other and communicate openly, we can create a better future for us. When we stay connected with our families, we learn to connect better with the world.

Secondly, we visited Jayson N of (Grade 2A) house to educate our kiddies to know about the joint family. Jayson was very excited to see his friends virtually and he started to introduce his family members. Our kids understood that families boost our self confidence and make us feel valued. They also teach us patience to deal with others in a graceful and accepting manner. The most important thing was the attention, interaction and unconditional love from grandparents helps a young child feel safe and secure. Our little ones realized that grandparent makes a real, lasting impact on a child's future.



Everyone learned the moral value that every family should have the objective of the happiness, development and good wishes to make their members happy and prosperous. With a thanks note, we left the place with happiness.



Teacher Incharges: **Ms. Jennifer Ruth**

Student Incharge:
Karen Jessica Maridoss

SIXTH SENSE



PEACE - WITHIN YOURSELF

"Peace begins with a smile."
- Mother Teresa

According to the World Health Organisation (WHO) Health is defined as 'a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.' The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, and political belief, economic or social condition. The health of all peoples is fundamental to the attainment of peace and security and is dependent on the fullest co-operation of individuals. So through these statements every one of us can very well understand the significance of peace within ourselves. Though we say that we stay healthy but at many a times our mind does not stay healthy as it oscillates to and fro in search of peace- the actual peace which brings a real state of contentment. The pursuit of inner peace is more important and vital than the search for

happiness or success. Happiness is nothing more but a fleeting emotion, and success can be taken from us just as easily as it can be gained. But true inner peace is permanent.

As fairly said by Swami Vivekananda- a proud disciple of Sri Ramakrishna Paramahansa, that - Be at peace. Do not disturb yourself. You never were in bondage, you never were virtuous or sinful. Get rid of all these delusions and be at peace. If you want, even if the body be torn and bleeding, you may enjoy the greatest peace in your mind.

The Christians call the inner peace that passes all understanding, cannot be had in this universe, nor in heaven, nor in any place where our mind and thoughts can go, where the senses can feel, or which the imagination can conceive. It preaches the universe the perfect equilibrium for attaining inner peace.

According to Islam -Peace be upon him is a phrase Muslims say whenever they refer to the name of any prophet and

any messenger. They all had signified the importance of peace and harmony to their followers.

So, as a concluding note, we can infer that all of the mentioned incidents are travelling to one ultimate destination that is PEACE. The path, road, journey, methodology, way, strategy or the approach may be different but the goal at the end is PEACE. When one attains inner peace you find that you are able to cope, in a healthy way, with any event or situation happening around you.

It is essential for inner peace that we believe it's possible and that we believe we are in control of our thoughts, emotions, and behaviours. Once we truly believe and acknowledge this, the foundation for inner peace has been built. Let's not strive for materialistic peace but find it within ourselves and give a holistic development to our body, mind and soul. Thank You

Teacher Incharge:
**Ms.Christenal Shanthi &
Pandiselvi**

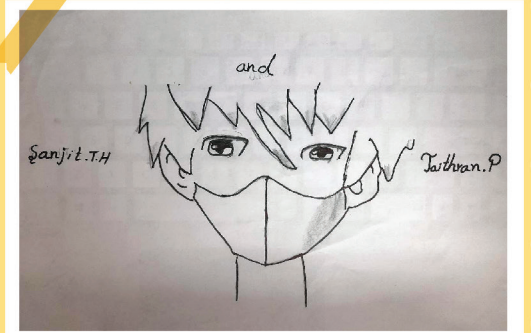
Harappan Scripts



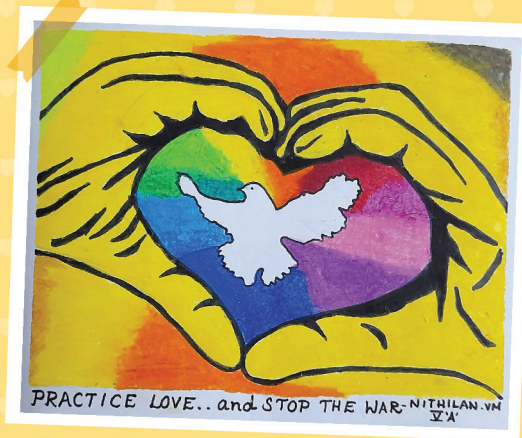
Siddharth Gr5C



B.V.Shipraprassath Gr 3B



Sanjit.T.H & Jaithran.P Gr 6A



Nithilan.VM Gr 5A

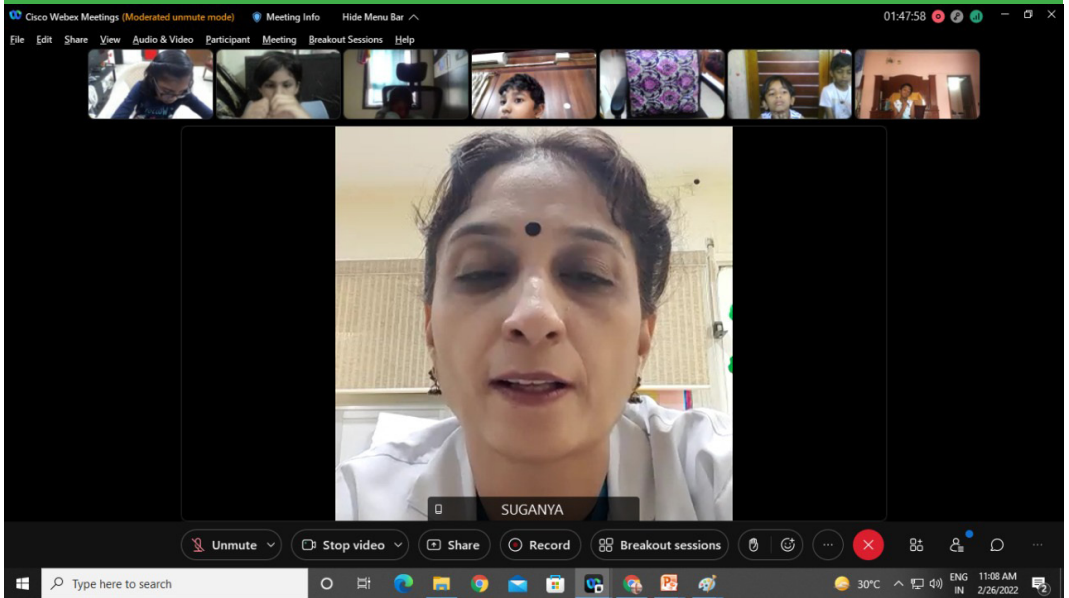


B.V.Skanddhapoorva Gr 6A



Mahathy Srikanth Gr 6A

TRAILBLAZER



KEEP CALM AND NOURISH YOURSELF

“A healthy outside starts from the inside”
Robert Urich

Keep calm and nourish yourself – Healthy Food Habits activity was organized by QMIS for graders 1 & 2 on 26.02.2022 through online portal to evaluate the awareness of healthy life style with proper food habits. The session was carried out by Mrs Suganya.V, senior clinical dietitian, Apollo specialty hospitals, Madurai. The session went very lively and the dietitian explained about building healthy eating habits.

She also suggested the kids to include at least one fruit daily, 3 to 4 variety of fruits in a week. She also mentioned that an eating plan that helps manage your weight. Throughout the session our little ones listened attentively and cleared their doubts with the dietitian. Ms Suganya concluded the session with an advice that healthy diet is to eat the right quantity of calories to balance the energy we consume with the energy we use. Altogether it was a very successful and much needed session for the kids and the parents.

SPEAK UP, BE SAFE!

“Every child deserves to feel safe!”

‘Speak up, Be Safe!’ is purely an initiative taken by the Health & Safety Committee and the Global Citizenship Committee to create awareness on child safety and extend support by donating essentials to the less privileged. The School Parliament members were an active participant of this outreach programme. Children across all grades had contributed essentials to support the villagers residing in Nagiri. Students interacted with the children there and enacted a skit on child safety. The village elders were also there and thanked the school management for the support rendered.

Teacher Incharge:
Ms.Jainool Fatima
Student Incharge: Hareesh

PATH - THE NAVIGATOR

குயின் மீரா சர்வதேச பள்ளியில்

உயர் கல்விக்கான வழிகாட்டுதல் நிகழ்ச்சி

மதுரை: மதுரை குயின் மீரா சர்வதேச பள்ளியில் உயர் கல்விக்கான வழிகாட்டுதல் நிகழ்ச்சி, பள்ளியின் நிர்வாக இயக்குநர் அபிஷத் சந்திரன் தலைமையில் நடைபெற்றது. கல்வி இயக்குநர் கஜநாத் குப்தன் முன்னிலை வகித்தார்.

இந்நிகழ்ச்சியில், கல்வி ஆலோசகர் ஜெயப்பிரகாஷ் காந்தி, மாணவர்கள் மற்றும் பெற்றோர்களைக் கௌரவிக்கும் பதில் அளித்தார். அவர் கூறியதாவது: புதிய துறைகளில் 95 மில்லியன் வேலைவாய்ப்புகள் உள்ளன. வழக்கமான பட்டப் படிப்புகளுடன், வருங்கால தொழில்நுட்பம் சார்ந்த நுணுக்கமான பட்டப் படிப்புகளை படிப்பதால் எளிதில் வேலைவாய்ப்பு பெறலாம். எம்ப்ளாய்மென்ட் கிளக்கில்லையென்றால் பொறியியல், மின்வன அறிவியல், கால்நடை அறிவியல், இளங்கலை இயற்கை மருத்துவம், யோகா அறிவியல் போன்ற படிப்புகளை தேர்ந்தெடுத்து படிக்கலாம்.

வருங்காலத்தில் குவாண்டம் கம்ப்யூட்டிங், டிஜிட்டல் மார்க்கெட்டிங், ஸ்பான்ஸ் அண்டு பேங்கிங் துறைகளில் ஏராளமான வேலை வாய்ப்புகள் உள்ளன. மாணவிகள் கட்டிடக்கலை சார்ந்த படிப்பில் சிறப்பு இட ஒதுக்கீட்டைப் பயன்படுத்திக் கொள்ள வேண்டும். ஐப்பாள் அல்லது பிளேக்ஸ் மொபைல் கற்பு மாணவர்களுக்கு பயன் தரும் என்றார்.



▲ மதுரை குயின்மீரா சர்வதேச பள்ளியில் நடந்த நிகழ்ச்சியில் பங்கேற்ற கல்வி ஆலோசகர் ஜெயப்பிரகாஷ் காந்திக்கு நினைவுப் பரிசு வழங்கிய பள்ளியின் நிர்வாக இயக்குநர் அபிஷத் சந்திரன்.

Our Parents and Students of Grade 9 to 12 during the Path Session. He mentioned that India has significantly one of the largest student populations in the world. The approximated figures of students might reach up to a massive mark of 300 million. There are abundant career opportunities present today that needs a specific set of skills and dedication. However, many Indian parents or students find it hard to choose anything else but the conventional career paths like engineering, medicine, law, business administration and technology. This stops the potential candidates of other fields where they can be excellent but they ought to choose them without any other choice. It's because of the lack of awareness about the excellent fields like Design, Manufacturing, Supply Chain, Genomic Coding and Data Analytics to name a few in the long list.

Mr JP Gandhi commended the students to create blogs in the famous websites, page(s) in the Face book and success stories/articles in the LinkedIn. The corporates and higher education institutions will be using the digital footprints to know about for provision of admission and job interviews. The Universities and Corporates source for those seeking for admissions and/or job aspirants from Face book, LinkedIn etc., So it is mandatory to have a good profile at these order of the day applications. He also advised the Parents to be aware of all the procedures, protocols and eligibility conditions/examinations of the course(s) that their ward is interested. Starting of Preparation of admission process and closing of provisional admission ends with the help of social networking apps.

The school is also helping the students not only by Path Sessions but by using Univariety web portals. It has invested in all possible resources to provide career guidance and be successful citizens of India. It's all the golden opportunities for the Parents and Students community to make most use of them and bring laurels to the Society.

“Interest and passion towards the selected career path play a major role in you becoming an expert”.

There are Software engineers in Google or face book, commanding a salary more than a million \$ plus ESOPS in tens of millions of dollars. And there are software engineers wandering in the streets of Bengaluru and Hyderabad struggling to get a minimum paid job. Both are software engineers...

There are engineering graduates from IIM, IIT, IIIT and Top ranked institutions getting placements with eight digit pay package figures where in others are deprived with placements and even internships.

Why such a difference within the same graduates? It is the expertise level that has brought them to become famous and learned among the population. Also the institution, internship projects and innovative ideas, etc has helped them to climb this big pay ladder.

Mr Jayaprakash Gandhi is one of the Top 10 Online Carrer Consultant in India has addressed

Teacher Incharge: **Ms.Sathya Priya**
Student Incharge: **Nithish**

INTERNATIONAL DIMENSION



IDS Activities

The British council's International school award ISA is newly termed as IDS – International dimension in schools. The objective of these IDS activities are infusing the international dimension in our day to day curriculum, providing intercultural learning, creating Globally responsible citizens and enhancing 21st century skills like critical thinking, creativity, communication and collaborative learning.

Every year we do 7 varied activities across all the levels from KG to Grade 12. This academic year also we have done 7 activities exploring the countries like UK, US, Sweden, Denmark, Singapore, Malaysia, Srilanka, UAE, Mongolia, France etc on the topics Safety is our priority for Kindergartners, Environmental hazards for Grades 1 and 2. Grades 3 to 5 we have

done on the topic Health and Hygiene and for Grades 6 and 7 we have done on the topic UN Sustainable development goals. Grades 8 and 9 were involved on the topic rebooting the existing multilateralism. Grade 10 with the topic the greatest literatures all around the world and Information system management by Grades 11 and 12.

Grade 10 students were involved in exploring the various literatures around the world like Robinson Crusoe by Daniel Deffo, The Mysterious stranger by Mark Twain and the roads to Mussorie by Ruskin Bond. They read those stories and took part in a text based drawing activity and debate competition. Through this activity they came to know various customs, cultures, traditions and languages of those countries which helped to instill intercultural learning.

Students of Grades 8 and 9 were able to understand the pressing Global issues prevailing now like US and Afganistan issue, North korea and south korea event through the topic rebooting the existing multilateralism and Mr.Rishab shah, the founder and president of IIMUN had an interaction with the students on how to reinvigorate the existing multilateralism and bring in international cooperation among the nations. We conducted MUN Model United Nations on this topic and were able to develop



their public speaking and problem solving skills.

As Grades 3 to 5 students were learning food habits in their curriculum, we framed activities based on Health and hygiene where they presented an assembly on the topic sustainable health through which they enhanced their communication and oratory skills.

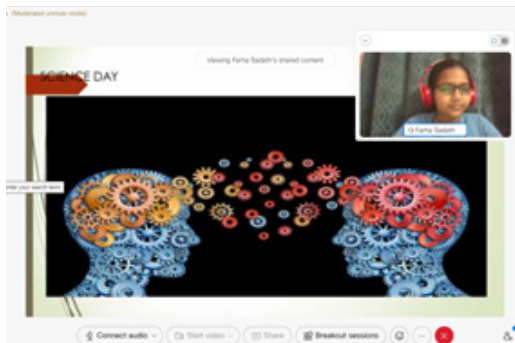
Our kindergartners had an opportunity to take up the role of our school's Health and safety committee members and listed out their roles and responsibilities in ensuring safety and security of every individual inside the campus. It was really happy to see the confidence when those little kids insisted on the roles and responsibilities of those members to the other graders.

Grades 6 and 7 delivered a presentation on how to achieve the 17 Sustainable development goals by 2030 by educating a sing child. We could witness that these students had a thorough study on these SDGs and each country's steps to achieve SDG by 2030 which led them to develop the traits of a globally responsible citizen.

Likewise children were involved in various IDS activities every year we flourish with a pool of activities and having international collaboration with the students of other countries like UK, France, Sri Lanka, UAE, Mongolia and Brazil to bring in internationalism among the students.

Get ready to go ahead with a new set of activities in the upcoming year to explore about internationalism and international collaboration more and more.

"Q's Cognopolis - A Place to Think Different"



At QMIS, International Science day - "Q's Cognopolis- A Place to Think Different" was observed on 31.01.2022 as a part of GCC activity for the students of Grades KG to 12. To instil the scientific thirst and to invoke the young minds towards science, we organized a speech on "My Dream Story" for Grades KG to 2. The desire of inquiry learning made the students to investigate their learning in science through the activity "Predict the future" for Grades 3 to 7. The "STEAM challenge" for Grades 3 to 7 put forwarded the hidden expectations of science and integrated science with other subjects like Technology, English, Arts and Maths. This platform opened doors for many students to develop their curiosity in science learning and also provided a place to exhibit their innate potential. "Innovation awards" competition for Grades 8 to 12 paved the way for the students to engage them in learning new scientific facts, stimulated research mindedness and initiated their attitude towards science learning. On the whole, students were allowed to compete with their level of students and inculcated a sense of pride in proving their hidden talents.

Teacher Incharge: Ms.Parasakthi

*Student Incharge:
Suhail Azad Ahamed.P*



ISRO SCIENTIST INTERACTS WITH QMIS STUDENTS, SAYS CHANDRAYAN-3 TO BE LAUNCHED IN AUGUST

Madurai, March 14: Chandrayan-3, the third lunar exploration mission, by the Indian Space Research Organisation (ISRO) is all set to be launched by August 2022, Dr. R.Venkatraman, the Deputy Director of Vehicle Assemblies and Launch Facilities, ISRO, has said.

Interacting with the students of Queen Mira International School (QMIS) at the „Space Talk Show hosted by it here on Monday, Dr. Venkatraman said, “Chandrayan -2 Vikram had crashlanded as the lander and orbiter separation was difficult. We at ISRO never give up. We learn lessons from our failure to make our next mission success. We have put powerful engine for Chandrayan-3, which is scheduled for launch in August, and have learnt to control wobbling and oscillation,” the senior space scientist from the Satish Dhawan Space Centre, Sriharikota, said.

To a question asked by QMIS Managing Director Mr. Abinath Chandran as to whether there is inter-connectivity between the two disciplines – Astronomy and Astrology, Dr. Venkatraman answered in the affirmative and said, “We do follow the time factor (during launches) to some extent, but there are occasions when we have seen failure when there has been one second delay and success despite 300 micro-seconds of delay.”

When a student asked about the need to send Indian astronauts to crew Gaganyaan into orbit,

he underscored its importance and said, “India is planning to send humanoid first followed by real astronauts in the second phase as machines cannot do all the functioning of a human being. It also involves our nation’s pride and showing our capability in space.”

On commercialization of space activities, he said with demand increasing manifold, private players through a consortium perhaps would only take up in future what ISRO has already mastered. Students grilled the space scientist with questions on life in Mars, Moon, space debris, ISRO’s current projects and future plans and the possibility of foreign nations spying through their satellites among others

THREE YEARS ON, AADUKALAM SEASON 3 BRINGS SPORTSMANSHIP TO FORE

Christened Aadukalam, the field of warriors, QMIS’ third season of the field and track events, started off on a high note on March 30 this academic year.

Aadukalam is an annual two-day event, the first day dedicated for Graders KG to 3 and the second day devoted to Graders 4 to 9 and 11. Academic Director Ms. Sujatha Guptan declared open the field to the little warriors on Day One after lighting the torch carried by the torch-bearers followed by oath taking.

With the run-up to the premier league matches for games such as futsal, volleyball and basketball and volleyball and modified handball held previously for boys and girls with respect to the order, the finals were conducted as part of Aadukalam to the loud cheering of the spectators.

If you think, the school conducts sports only for students, you are proven wrong. There were activities for parents and grandparents too to test their strength and involve them in the fun. Categorized gender wise, they tried their hand at shortput – 4 kg for women and 6 kg for men. With a line-up of events such as 100 m for boys and girls, hurdles, long jump, rope climbing and shortput, Day Two was as colourful and vibrant

as Day One. Managing Director Mr. Abinath Chandran declared open the field to the senior students who displayed their sportsmanship with full vigour.

The two-day event culminated with Chairman Dr. C. Chandran giving away medals to the winners. Team Aryabhatta lifted the overall championship on Day One and Team Bhaskara on Day 2. M.M.Sanjay and G.Omisha, both from Grade 11, were crowned “the Fastest Prince and Fastest Princess” respectively for their speed run. Drawn into the activities, parents were more than happy to share their experiences on the field. “Seeing me participating in sports and getting prizes, my child gets inspired and motivated to take part as well,” one of them said, while another parent said he could see changes in him after using the school playground regularly and appealed to the others to make use of the facility extended by the school to them.

“Speak up, Be Safe!”

“Every child deserves to feel safe!”

‘Speak up, Be Safe!’ is purely an initiative taken by the Health & Safety Committee and the Global Citizenship Committee to create awareness on child safety and extend support by donating essentials to the less privileged. The School Parliament members were an active participant of this outreach programme. Children across all grades had contributed essentials to support the villagers residing in Nagiri. Students interacted with the children there and enacted a skit on child safety. The village elders were also there and thanked the school management for the support rendered.

HISTORY WALL HONOURING STAFF, STUDENTS FOR CIS ACCREDITATION UNVEILED AT QMIS

Madurai, March 5: Marking the first anniversary of its accreditation by the Council of International Schools (CIS), a global evaluation body based at Leiden, Netherlands, D.R.Kaarthikeyan, former Director of Central Bureau of Investigation, unveiled the ‘history wall’ of Queen Mira International School (QMIS) in the presence of Dr.R.Thiruchenduran, President of A.P.J. Abdul

Kalam’s Vision 2020

In recognition of its stakeholders - teaching faculty, non-teaching staff and students, for their contribution in obtaining the CIS accreditation, the management of QMIS, the only CBSE School in the world to have received the honour, has erected a history wall. Names of over 1000 people, including the security personnel and janitors, involved in the feat, have been engraved on the wall installed behind the Tiruvalluvar statue at the school entrance.

Speaking at the valedictory function of the seventh edition of The Little Emperors (TLE), an annual inter-school cultural event hosted by QMIS, later, Mr. Kaarthikeyan appealed to the governments to impose restrictions on felling of trees and encourage tree plantation. “Earth is our only home. We have overexploited our natural resources, the reason why glaciers are melting and sea level is rising,” he said, emphasizing on tree plantation and environment conservation.

Later, Mr.Kaarthikeyan distributed prizes to the winners of TLE. About 25 competitions were conducted for kindergarteners and primary school children up to Grade 5 for two days from March 2. Around 1200 students from over 40 schools from across the southern districts of Tamil Nadu participated in the contests.

The events, categorized under Intelligence and Emotional Quotients, were themed on the 17 SDGs adopted by the UN with an agenda to make the globe a better place to live for all beings by 2030. Every IQ and EQ event had one or more themes based on the 17 SDGs such as ‘No Poverty’, ‘Zero Hunger’, ‘Quality Education’, ‘Good Health and Well-Being’, ‘Gender Equality’, ‘Decent Work and Economic Growth’ and ‘Responsible Consumption and Production’ among others.

Teacher Incharge: Ms.Shameem

Student Incharge: S.Shree Harini Ganishka



FRESH THOUGHTS



PEACE AT SPACE

Space technology and applications have evolved rapidly since Sputnik 1. Seven decades of space exploration and use have revolutionized the way the world communicates and greatly enhanced navigation on air, ground and sea.

Space science has enabled us to monitor weather patterns, enhance land use and greatly advance our understanding of our own planet and our place in the universe.

Since the 1980s, the UN General Assembly has every year passed a resolution on the prevention of an arms race in outer space (PAROS). The prevention of an arms race in outer space is vital yet contemplates and may even legitimize increased military uses of space.

Governments, industry stakeholders, civil society and the younger generations all have a role to play in promoting the benefits and common interests of humanity in space, drawing inspiration from the words of the first human in space, Soviet cosmonaut Yuri Gagarin: "There is room in space for everybody."

In an era when humanity is faced with climate change, a global pandemic and the rapid exhaustion of resources, there is no room for assertions of dominance and superiority. Rather, the common interests in peace that we all share are even more important, both on Earth and in outer space.

BLACK HOLES

Black holes are the mysterious thing in the universe found in 2019 by NASA's Hubble telescope. The biggest black hole in the universe is TON618. You want to arrange solar system 40 times to get the mass and size of TON618.

Another black hole was found on 2019 which is named as M87.

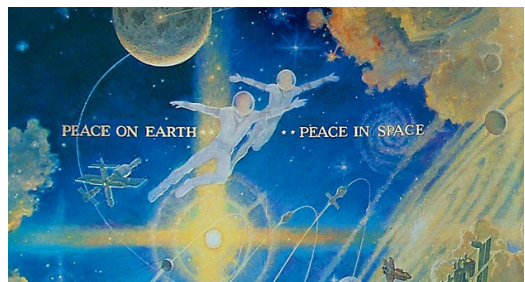
WHAT IF?????

What if a Black hole kept in the solar system instead of sun?????

You can think if a black hole comes near to our solar system it will grab all the planets inside it. Not at all... Black hole is not a vacuum cleaner. If black hole is got replaced by the sun all the planets stay in their orbit but there will be no LIGHT and ENERGY.

BLACK HOLES TO WHITE HOLES

White holes are opposite to black holes. White holes are just a theory now. If a black hole dies white hole will be created. Black hole keeps all the information inside it where as the white hole will put all the information out.



Student Incharge: **Siddharth**

LEARNER'S COLUMN



“Self Defense & Self Awareness” is the Professional Development Program topic for the month of January 2022. Ms. Deepthi Ajith Prakash, is the daughter of Karate C. Ajith Prakash who is a veteran in the field. She is an International Karate Player won gold medal at Malaysia Championship for nearly 5 times, National level player for more than 30times and Karate black belt 3rd Dan Grade. She addressed the QMIS staff on how to develop the awareness to learn self- defensive to apply in emergencies as well as how to help others in escaping them during emergencies. She said that Karate is known for being disciplined and the process involved revolves the same. Multiple queries were raised to understand the significance of karate for women. The session was a boosting factor for the women staff to gain confidence physically and psychologically. Feedback exchange happened for the betterment of the program and what next

in line with respect to the Karate classes for the women staff.



TRAVELOGUE



Vacation is the best time to have fun. Yeah!! We planned a family trip to a glitzy country, DUBAI. A weeklong holiday to relax and enjoy after 2 long years of COVID restrictions. With all safety measures, we packed, travelled and reached our destination with umpteen planning.

We visited many places and had many new experiences.

- Burj Khalifa – The tallest building in the world. The view of the city was stunning and beautiful from the 154th floor.
- Dubai Frame – The largest frame in the World. The biggest picture frame in the planet. A walk-through on the glass bottomed floor, about 150 meters long was a nervous experience.
- Global Village – An insight into various countries around the world. A vast place for cultural event, shopping, learning some technology and entertainment with rides as well.
- Desert Safari – Evening desert safari along the sunset scenes in bliss. We enjoyed squad biking, car safari in the dunes, camel ride continued by camping and BBQ dinner.
- Miracle Garden – The world's largest flower garden. The Airbus A380 structured with natural flowers is listed by Guinness World record as biggest flower structure. All new structures with flowers like elephant, dancing dolls, magical house made us awestruck.
- Expo 2020 – A world expo had business opportunities, great architecture, food, etc., for every countries pavilion. Almost 191 countries showcased their tradition, business and architecture.
- A special mention about the India Pavilion, a brilliant idea with yoga, space programme, traditions of each state, technology, future development of our country.
- The water fall and the water show were designed uniquely and attracted us all. We got drained out after a very long walk in the expo.
- City Tour – Our city tour included few site seeing and some photo stops. We were mesmerized with the amazing

tall buildings and wonderful architecture. We were amazed by seeing, oval shaped Dubai Museum, Jumeirah Beach, Burj Al Arab, Dubai Mall, Mall of Emirates, King's Palace, Palm Island, Souk and Spice market at Downtown which we reach by ferry within the city.

- Ferrari World, Abu Dhabi – It was an adventurous and thrilling experience. The indoor theme park also featured Formula Tossa, the world's faster roller coaster, in which we experienced a ride nearing breathlessness. Children had their enjoyable rides for their age group and spent over a whole day at Abu Dhabi.

Overall, it's a worthy experience with blissful memories. The heritage buildings and tranquil deserts gave us shots of the most memorable astonishments. We felt as if our moments of awestruck were never-ending in the modern beautiful city, DUBAI....

*P/o, Vidyutha.M Gr 2B &
Vidush.M KG 1A*

*Teacher Incharge: Ms.Sathyapriya
Student Incharge: Anchana.R*

CONNEXIONS



Value day Celebration



Parent Teacher Conference



Parents Orientation



Talent Night



Talent Night



PTC Junior School

Teacher Incharge: **Ms.Shameem Banu**
Student Incharge: **Rakul KS**

TAMIL



சமாதானம் (Peace)

சுன்பகத் தில்லா உயிர்வாழ்க்கை வளப்பாடுகன்
வந்தல் மந்தளிர்ந்த தந்து. குறள் - 78

மனித குலம் மட்டுமன்றி உலகின் அனைத்து உயிர்களும் இன்புற்று வாழ அமைதி நிலவ வேண்டியது அவசியம். உலகின் நிரந்தர சமாதானத்தை உருவாக்கும் பணியை யுனெஸ்கோ நிறுவனம் மேற்கொண்டுள்ளது. யுனெஸ்கோவின் முகவுரை வாசகம் 'மனித உள்ளங்களில் போர் தோன்றுவதால் மனித உள்ளங்களில் தான் அமைதிக்கான அரண்களும் அமைக்கப்பெறல் வேண்டும்' என்பதே. இதை அறிந்திருந்ததால் தான் அமைதியையும் அன்பையும் நம்முடைய நீதி நூல்கள் மீண்டும் மீண்டும் வலியுறுத்துகின்றன. 'யாதும் ஊரே யாவரும் கேளிர்' என்கிறார் கணியன் பூங்குன்றனார். 'வாடிய பயிரைக்கண்டபோதெல்லாம் வாடினேன்' என சின்னஞ்சிறு செடியிலும் கூட ஜீவகாருண்யத்தை அனுசரிக்கிறார் வள்ளலார்.

இந்தியா எப்போதும் அமைதியின் தேசமாகவே திகழ்கிறது. எந்த நாடும் பிற நாடுகளைத் தாக்கக் கூடாது, பிற நாட்டின் விவகாரங்களில் தலையிடக் கூடாது, பிறநாடுகளின் இறையாண்மையைப் போற்றவேண்டும் என உயரிய கொள்கைகளைக் கடைபிடிப்பதால் தான் உலகம் மதிக்கும் தேசமாக இந்தியா திகழ்கிறது. பிறநாடுகளும் நம் நாட்டைப் போலவே பேராசையின்றி இயங்கினால்

'சுஷ்'கைப்பூக்கள் உலகம் எங்கும் மலர்க்கூவி விடியும் ஓர் சுகமதிக்காக விழக்கூவி' எனும் கவிப்பேரரசு வைரமுத்து அவர்களின் வரிகள் உயிர் பெறும்.

Teacher Incharges: **Ms Indra**
Student Incharge: **Ram Naveen**

HINDI

शान्ति और सामंजस्य

सचमुच में आज मनुष्य विनाश के कगार पर खड़ा मृत्यु की गोद में धड़ाधड़ चला जा रहा है। मनुष्य ने मनुष्य को अपने स्वार्थी से जकड़ लिया है। उसे आज कुछ भी नहीं दिखाई दे रहा है। उसे केवल स्वार्थ दिखाई दे रहा है। वह इस स्वार्थ की पूर्ति के लिए आज भयानक और कठिन से कठिन अस्त्र-शस्त्रों को होड़ लगाए जा रहा है। आज इसीलिए मनुष्य सर्वविनाश के लिए अणुबम, परमाणु बम आदि बना बनाकर के अपनी अपार शक्ति का परिचय दे रहा है। यह अशान्तमय और भयानक वातावरण का निर्माण करने में लगा हुआ सब कुछ भूल चुका है कि क्या उचित है और क्या अनुचित है। इस प्रकार सम्पूर्ण विश्व एक बहुत बड़ी अशान्ति के दौर में पहुंच चुका है।

आज विश्व शान्ति की आवश्यकता बहुत अधिक और तेज हो गई है।

इस अशान्ति के कारण कई हैं। इनमें से मुख्य कारण यह भी है कि आज विश्व के अनेक सबल राष्ट्र एक दूसरे निर्बल और शक्तिहीन राष्ट्र को अपने घंगुल में फंसाए रखने के लिए भारी उद्योग किया करते हैं। इसके लिए वे अपनी निजी शक्ति और आवश्यकताओं को बढ़ाते ही जा रहे हैं। इसके साथ ही अपने सम्पर्क अन्य शक्तिहीन और छोटे राष्ट्रों के प्रति उकसाने या उभाड़ने की कोशिश में बराबर लगे रहते हैं। इस प्रकार से आज पूरा विश्व कई भागों में बँटा हुआ परस्पर विनाश के गर्त में पहुँचने के लिए निरन्तर उद्योग करते हुए दिखाई देता है। इसलिए आज विश्व की शान्ति की आवश्यकता बढ़ती जा रही है।

मन की शान्ति, जीवन में शान्ति बहुत ही आवश्यक है। बहुत से लोग शान्ति के लिए एकांत वास करते हैं, कुछ लोग योग करते हैं, कुछ लोग ईश्वर की भक्ति में लग जाते हैं, मगर शान्ति नहीं मिल पाती है, शान्ति का सम्बन्ध हमारे विचारों से होता है। विचार उत्तम होंगे और आप दूसरों की मदद करेंगे तो आपको शान्ति मिलेगी, आप भले ही किसी शोर-शराबे वाले शहर में रहते हों, जीवन को देखने का नजरिया बदलिए आपकी जिन्दगी बदल जायेगी।



Teacher Incharge:
Ms.Revathi Rajini
Student Incharge: **Omisha**

JAPANESE



WA – THE JAPANESE CONCEPT OF HARMONY

Harmony can be found everywhere in Japan. Whether it's the clean lines and understated nature of Japanese architecture or the orderly manner in which a Japanese meal is arranged on a plate, the concept of “wa” or “harmony” is at the heart of Japanese culture. Shaped by a rich history and deep traditions, harmony informs all aspects of Japanese law and customs.

As a guiding principal in all interactions, whether in a family, social or business environment, wa stresses interdependence over independence, cooperation over dissent, and patience over resistance. It's why Japan is often considered a culture of conflict-avoidance and to some, Japanese may be characterized as indecisive, reserved or cautious.

Fast forward to today. In Western culture, where speaking your mind and tackling differences head-on is seen as being true to one's self, the concept of wa can seem antiquated. But seen another way, people who prefer to foster the harmony of a community over his own personal interests is a unique quality in today's 'me, myself and I' culture.

When you understand why harmony is valued in Japanese society, you can begin to appreciate that it is more than simply being polite, patient or agreeable (which are traits that can be in low supply today). It's a result of actions and words and gestures. It's the sum of millions of people with a shared value that guides them every single day. At a time when Western culture is pulling people apart, wa binds people together.

Teacher Incharge: Ms.Seetha Lakshmi

Student Incharge: Deepthiya & Harshiith

FRENCH

Liberty, Equality, Fraternity

A legacy of the Age of Enlightenment, the motto “Liberté, Egalité, Fraternité” first appeared during the French Revolution. The French Revolution was a period of significant political and societal change in France that began in 1789 with the founding of the Estates General and ended in November 1799 with the formation of the French Consulate. The French Revolution's ideals were Liberty, Equality, and Fraternity. Let us take them one at a time.

Liberty

In the 18th century, liberty or freedom meant freedom from all forms of torture and abuse. Censorship of publications critical of the monarch, the aristocracy, or the church was another example of state oppression.

Equality

The taxation system witnessed disparities in treatment of various people. At the time, the two classes were the bourgeoisie and the Third Estate. The bourgeoisie was more hesitant to share political equality with the lower ranks of the Third Estate, reflecting the general lack of equality at the time.

Fraternity

This third ideal, which meant brotherhood, was the most difficult of the three to achieve. So this ideal was all the more important in the early stages of the revolution, and as the revolution progressed, this emphasis on unity and brotherhood quickly faded. The French Revolution had a significant impact on European and Western history by putting an end to feudalism and paving the way for future advances in broadly defined individual liberties.

Teacher Incharge: Ms. Sangeetha

Student Incharge: Riya Jasmine

JUNIOR JOURNALIST



EXPERIENCE WHAT SEEMS TO BE BEST!!

The National Cadet Corps is a parole which strikes vast cells to activate reverberating stiff actions, puissance patriotism, staunch discipline, unstoppable thoughts, pride in outfit, stable in ground force Yes, they call 2nd line of defense too, actually it out-throws inner military posture of individual.

The Cadets are given basic military training in small arms and parades. During camp the cadets of Queen Mira International School participated in different activities like weapon training, obstacle, map reading, essay writing, firing, drill, drawing, speech competition and Debate competition.

Ms Kavitha : NCC aims at , Developing character, comradeship, discipline, a secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens and leaders of tomorrow. 13 Cadets were under the training process on 1st tier. During the NCC training our cadets have

undergone various training including handling rifles. Here are our cadets sharing their camp experiences.

JD Kirubhakaran : I have always been excited and was waiting to experience the camps from the day I was enrolled to NCC. The day of camp arrived and we were on our favorite attire - our uniform with boots polished. In the camp we had drill and weapons training. Above all, meeting the Army officers and learning from them was great pleasure.

JW Moshikaa: The main reason I joined NCC was because I wanted to be in all activities along with studies. Theory classes were taken on various subjects like stress management, map reading, environmental issues and many more. Morning PT, firing practice, cultural competition activities were held during these camps. Each and every activity of the camp gave me a pleasant feeling and beautiful experience.

JD Aazif shah : My First achievement was when I got my NCC Uniform. When I wore that uniform, I was feeling like an army officer. I enjoyed my first drill session with immense proud feeling. Coming to the shooting experience, it was quite amazing. Shooting a .22 rifle was fairly adventurous. The instructor explained the basics to us first at the range. It was followed by a demonstration of shooting. We were to observe and learn. Next came the touch and feel part. Actually, it was little bit weight for us because we are holding the rifle at the first time. We were allowed to handle the rifle and the bullets. I still remember my excitement and nervousness

JW Anushshri ; Our camp was designed with the theme “Unity in Diversity” with a dose of



rich cross country culture experience. Our day started with roll call in the morning followed by P.T. Then lectures were given by military officers on Character building, Personality Development, Career counseling, Leadership qualities. Many competitions such as singing, dancing, Group discussion, Debate, Essay writing between cadets were conducted. This camp taught me discipline, to accept people the way they are, infused courage and strength, motivated me to do something to motherland and respect her and ultimately it made me a better person.

JD Elajiah : This camp helped us in building long lasting relations with not only the cadets but also the Defense Officers. You play, you dance, you make friends, you learn and then you unlearn, new culture, and moreover you build yourself. It was a rich learning experience. Then came the Drill with full josh. Everybody received some punishments. Cadets were made to march smartly, rifles in their hands, and smiles on their faces. The main and vital thing I have learnt is Cardinals of NCC Discipline: to Obey with smile, to Be Punctual, to Work hard without Fuss, to Make no excuses and tell no lies.



The Golden Rules:

- Rule your mind, never allow others to rule.
- Focus on goal, never obey excuses.
- “Quit” is the biggest enemy which interrupt in your journey
- Don't get satisfied for average, there's more ahead.
- Just dreaming will never fetch you to your goal
- Never believe any, don't underestimate any.
- Never let morale come down.
- Never compare yourself with others.
- Give your best and hope for worst.
- Never retrace your past, every minute is new begin with igniting.
- Appreciate yourself for not giving up till your last chance.
- I don't want to elaborate my lost because I hate giving excuses.
- No matter what, fight it.

Teacher Incharge: **Ms. Rohini Nehtaji**
Student Incharge: **Riya Jasmine**



My Dear Readers,

As education systems are differentiating and expanding, the creation of new jobs and opportunities are changing the way when you make your career choices. With such changes in place, career planning has become more complex and confusing. Where formal sources of career guidance are not easily accessible, you tend to rely on your family and friends, leading to choices where they end up in careers they do not see a successful future in.

So, what is the way forward? How can you make the right career decision?

Well, as a career guide, I can help you with that. Here I have some important guidelines for you to the aspirants of MBBS in India. If you are planning to study Medicine, these are the years you dedicate to prepare for the NEET competitive exam.

NEET is one of the most difficult entrance exams in India for which lakhs of students appear every year. Keeping the level of competition in mind, a NEET aspirant should be prepared in advance if he/she truly wants to score well. Whether you're a class 11th student who's just starting the NEET journey or a 12th student who's going to appear for the NEET exam in the coming months, you all seriously need to buckle up.

1. Familiarize yourself with the syllabus

Before making a study plan, you should be well aware of the syllabus for the NEET exam. There are four sections in NEET i.e. Chemistry, Physics, Botany, and Zoology, these sections are a part of NCERT class 11th & 12th syllabus. NCERT books are highly recommended for NEET as they help in laying the foundation for a basic understanding of every concept.

2. Create a doable timetable

Everything is in the air if you do not have a proper timetable. As a student, you have to attend your school while preparing for the competitive examination, not having a timetable will only harm you in the long run. For example, when you study a book- you look at the units, no. of chapters, no. of exercises, and then study everything in a sequence. Imagine if there was no index, how you will be able to figure out the content? In the same way, if you do not have a timetable, you will be left confused about what and when to study.

Some tips to keep in mind while preparing your NEET study plan

- You know yourself better than anyone else, don't blindly follow any timetable. Do your research and make modifications accordingly.
- Don't forget to add breaks. Taking breaks between your studies is very important as you

can't study for 8 hours at a stretch. Not taking breaks will turn out to be unproductive in the long run.

- Keep your school and NEET coaching center hours in mind while drafting your study plan.
- Divide the syllabus into parts, and which chapter or topic you will be studying – plan it all in advance.
- Keep holidays in mind so that you can make full utilization of your time.
- Don't forget to dedicate some days solely for revision. Revision is very important as if you study a topic and don't revise it, your mind will forget it. You need to revise everything once in a while to keep the information fresh in your mind.

3. Figure out what subjects need time

Biology

When you're preparing for NEET, you should make yourself well aware of each subject's difficulty level and devote your time accordingly. When it comes to biology, it's all about theory and does not require critical thinking. It is only about remembering the facts, scientific names, diagrams, definitions, and concepts. You should also be well aware of all the diagrams, examples, and should be able to label them accordingly. A lot of questions in NEET are based on diagrams, so you should by heart all of them.

Chemistry

Chemistry includes both theory and practical applications, there are mainly three parts of chemistry for NEET – Physical, Organic, and Inorganic chemistry. Physical chemistry questions are more formula-based, so you should be well versed with all the formulas and types of questions. When it comes to organic chemistry, they're solely based on a student's learning. They're to the point, so a candidate must by heart all chemical reactions along with names of chemicals. Whereas Inorganic chemistry can be utilized for scoring well, if a candidate truly understands each concept, they will surely score full marks in inorganic chemistry. Learn the periodic table, revise it every day till you don't have it at your fingertips.

Physics

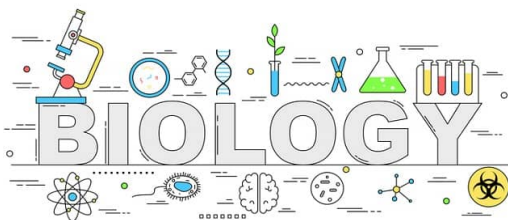
Physics is the most difficult subject in NEET, as all the questions in the question paper are formula and application-based. You will definitely need a good amount of time for solving the questions. If you want to score well, you should be well aware of all the formulas and their applications. For this, you can practice more and more questions while you're studying. Dividing the subjects and topics as per difficulty level will help you in figuring out which needs more time and more practice. It will help in setting your priorities the right way so that you're not wasting your time on something that is only supposed to be memorized. You will also get to know about your strengths and weaknesses, you can work on them accordingly.

4. Make notes while learning

If you're simply reading books, it won't help you in the long run as you're not keeping a track of what you have studied. If you don't prepare notes as you read, you will surely face a lot of complications while revising. You will always remember things for a long time if you write them down. So, when you're reading a new chapter, concept, or topic, make a habit of making notes side by side. When you will make your own notes, you will be using a language that suits you well, you can also add your own short forms and explanations. These things will get imprinted in your mind, and you will be able to revise each concept very quickly when you're short on time.

5. Don't forget NCERT Books

If you talk to any NEET expert, the first book they will recommend is NCERT. We could not agree more as NCERT books are the foundation



for anyone who's preparing for NEET. NCERT books are flooded with all the important topics, and concepts, their explanations along with accurate examples. They explain every topic in a detailed step-by-step manner, the language used is also very easy to understand and to the point. They help students to understand everything in a more precise way, students can utilize them as quick reference books and revision guides when they're short on time. If a student thoroughly studies NCERT books, he/she can easily solve most of the NEET exam questions.

Solve previous year question papers and take mock tests.

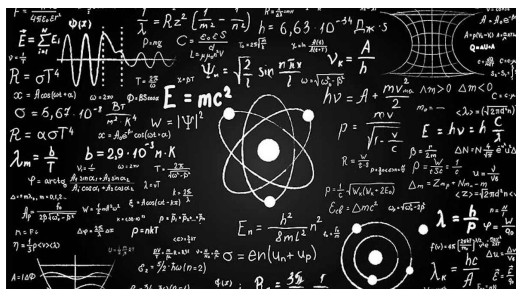
Hope this helps you in preparing better!!

In addition to this I wish to take to the field of Science which has plenty of choices beyond MBBS.

Bachelor of Science (B.Sc.) is also a popular graduate program among the candidates who have passed 12th Class. It has many career scopes in various fields. You can check some major highlights of B.Sc. Courses below:

There are 150+ B.Sc. Courses available in India. You need to choose the course wisely as per your preference to get a good career after completing your B.Sc.

- BSc in Digital Film Making
- BSc in Actuarial Science
- B.Sc. In Advanced Zoology & Biotechnology
- B.Sc. In Aeronautical Science
- B.Sc. In Agriculture
- B.Sc. In Airlines, Tourism & Hospitality Management
- B.Sc. In Anatomy
- B.Sc. In Animation
- B.Sc. In Applied Biotechnology
- B.Sc. In Applied Chemistry
- B.Sc. In Astrophysics
- B.Sc. In BioInformatics
- B.Sc. In Biochemistry
- B.Sc. In Biological Science
- B.Sc. In Biology
- B.Sc. In Botany
- B.Sc. In Cardiac Perfusion
- B.Sc. In Clinical Nutrition



- B.Sc. In Environmental Science
- B.Sc. In Food Science & Nutrition
- B.Sc. In Food Technology
- B.Sc. In Forensic Sciences
- B.Sc. In Microbiology
- B.Sc. In Nautical Science
- B.Sc. In Nutrition & Dietetics
- B.Sc. In Optometry
- B.Sc. In Renewable Energy
- B.Sc. In Environmental Science
- B.Sc. In Molecular Biology
- B.Sc. In Neuroscience
- B.Sc. In Radiologic Technology

The subjects needed in these fields are Physics, Chemistry, Biology and Mathematics.

Hope this helps! Although you may think you are too young to worry about your future career, it is important for you to start thinking about your life after high school right now so that you can take the necessary steps to enter in any career you may choose. It can seem overwhelming trying to choose a career before you complete high school, but always keep in mind that it is never too late to change your career path. Let me associate with you with more interesting options in the forthcoming publications.

Teacher Incharge: **Ms.Kalpna Karthick**
Student Incharge: **Samira Afshan.M**



"Sprinter Usain Bolt conveying his wishes on the occasion of International Day of Yoga. He also mentions importance of yoga in promoting global health, harmony and peace."

@usainbolt #YogaForWellness

The Jamaican became the first athlete to win the 100m for the third-consecutive time and repeated the feat in the 200m.

He bowed out of the Games as a legend, his accomplishments immortalized in the record books.

Athletics legacy

Quite simply a love of the sport. Whilst most kids have a particular star that they idolize, Bolt just had an insatiable appetite for competition. Growing up in a rural town in Jamaica his youth was purely dedicated to the sport. Football, cricket and athletics shaped his childhood with him once remarking that "I didn't think of anything other than sports." Initially deciding that cricket was the path for him, his coach actually advised him to give sprinting a try.

While Bolt's career in football was short lived, his results on track have left him the undisputed sprint king.

He lit up the Beijing 2008 Games when he set a new world record in the 100m en route to victory and then followed it up with gold in the 200 m and a new Olympic record. He had emulated Carl Lewis's double win at the 1984 Los Angeles games. At London 2012, Bolt became the first athlete in history to successfully defend both sprint titles. But he raised the bar even higher at Rio 2016.

What's next for Bolt?

The 35-year-old is currently an ambassador for several international brands and has also expanded his restaurant business outside of Jamaica. But his quest for business fame and fortune has not deterred Bolt from supporting sporting endeavors.

The hugely popular star recently donated J\$1,000,000 (approx USD 7,500) to the Special Olympics Jamaica team ahead of the Special Olympics World Games in Abu Dhabi.

His 9.58 time in the 100 m is a world record as is the 19.19 he clocked in the 200 m. His mischievous personality off the track, as well as his signature lightning bolt pose, have seen Bolt become the highlight of the last three Olympic games.

His career may be drawing to a close but there is no doubting that Usain Bolt's legacy will live on as one of the greatest Olympic sprinters of all time.

Teacher Incharge: **Mr.Karthik & Mr.Aravind**

Student Incharge: **Jeff Daerin & Gokula Hariharan**

Q's ACHIEVEMENT

Nationals Championship 2022

S.Ananya of Grade 6 (2022-23) won **Gold Medal in 2nd Youth Open Nationals Championship 2022** Conducted by All Sports & Games Federation of India. **Fit India, Khelo India & MSME** Held at Puducherry on 26th & 27th March 2022.



Cycling Championship - 2022

Mohammed Anash, Grade 10A(2022-23) won **1st place Under 16 Category in State Cycling Championship - 2022**





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SCHOOL

QMIS MAKES HISTORY
"REVOLUTIONARY
FIRST EVER CBSE SCHOOL
IN THE **ENTIRE GLOBE** TO HAVE MADE
AN EVERLASTING FOOTPRINT"



Letter from the desk of the
Hon'ble Vice President of India
M. Venkaiah Naidu



Dear Shri. Abinath Chandran ji,
Namasthe !

I am happy to know that Queen Mira International School, Madurai has become the first CBSE school to receive accreditation by the Council of International Schools – a Netherlands based global evaluation body. This is indeed a proud achievement and I congratulate everyone associated with the School, in the past and present, on this momentous occasion.

I hope this global recognition will further motivate the teachers and staff of Queen Mira International School to continue their focus on quality education and other co-curricular activities for the all-round development of the students.

My best wishes for your future endeavours.

“

I hope this
global recognition
will further motivate
the teachers and
staff...



M. Venkaiah Naidu
Hon'ble Vice-President of India